

Personal Protection in the Home - Syllabus

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Course Materials Provided By Instructor

NRA Guide to the Basics of Personal Protection in the Home handbook

NRA Gun Safety Rules brochure

NRA Basic Firearm Training Program brochure

Winchester/NRA Marksmanship Qualification Program booklet

Basic Personal Protection in the Home Examination

Targets

Course Materials Provided by Student

Any caliber Semi-automatic pistol or revolver (up to .40 caliber)

Minimum of 100 rounds of **factory** ammunition to fit your gun. NO RELOADS

Approved hearing protection

Approved eye protection

Note: Instructor has a limited number of Semi-Automatic and Revolvers available to loan at no additional cost. However ammunition is the responsibility of the student. Ammunition can be provided by the instructor at his cost + 15% charge and must be paid for prior to the classroom start. Reservations for pistols or ammunition must be made 1 week prior to start of the class.

Description:

Students learn basic defensive shooting skills, how to respond to a violent confrontation, and strategies for home safety. Specific state firearms and home defense laws are taught by an individual certified in Kansas to teach such things such as a Lawyer or Police Officer. Not sure which gun is right for you and your home? You can learn how to choose a handgun for self-defense, along with continued opportunities to expand your skills.

NRA's Basic Personal Protection in the Home course is for law-abiding adult citizens, as defined by applicable federal, state, or local law. It is much more than just a routine shooting course. It is important that participants have sufficient maturity and life experiences to be able to assess various situations and make mature decisions.

The NRA Basic Personal Protection series is based on the building block approach, moving from the simple to the complex. The first course in the series is the NRA Basic Pistol Course, which develops the student's basic skills of handling, shooting, and cleaning the firearm. The second course is NRA Basic Personal Protection in the Home Course, which builds on the skills already learned.

NRA Basic Personal Protection in the Home Course participants must be experienced shooters (shooters able to show mastery of the basic skills of safe gun handling, shooting a group, zeroing the firearm, and cleaning the firearm) to

maximize what can be learned from this course. Proof of shooting experience can be one of the following: NRA Basic Pistol Course Certificate, NRA First Steps Course Certificate, NRA pistol competitive shooting qualification card, military DD 214 with pistol qualification, or passing the [Pre-Course Assessment](#).

Goals:

To develop in the students the basic knowledge, skills, and attitude essential to the safe and efficient use of a firearm for protection of self and family, and to provide information on the law-abiding citizen's right to self-defense.

Cost Per Person:

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|-------------------------------|-------------|
| Public | \$145.00 ea |
| 2 or more from same household | \$125.00 ea |

Evaluation:

Students will be given a 25 question test to be completed by the group. No minimum passing score is required and all the wrong answers will be critiqued to 100%

| Hour | Topics |
|------------------------|---|
| <p>Lesson 1</p> | <p>I. Introduction to Defensive Shooting</p> <ul style="list-style-type: none"> A. Explain the importance of using a firearm responsibly and ethically for personal protection. B. Explain the importance of developing the proper mindset for using a firearm for personal protection and facing a life-threatening encounter. C. Explain and evaluate their state of mental awareness using the four levels of awareness. D. Explain the importance of mental preparation and physical training for a potentially life-threatening confrontation. |
| <p>Lesson 2</p> | <p>II. Basic Defensive Pistol Skills</p> <ul style="list-style-type: none"> A. Explain and demonstrate the fundamentals of defensive marksmanship. B. Explain defensive accuracy. C. Shoot targets in the center of mass using aimed shots from a two-handed standing position. D. Explain the differences between cover and concealment, and identify examples of each. F. Shoot targets in the center of mass: <ul style="list-style-type: none"> i. Using a flash sight picture. ii. Using cover and concealment. iii. From a kneeling position. iv. At close range using point shooting. |
| <p>Lesson 3</p> | <p>III. Firearms and the Law: Possession, Ownership and the Use of Deadly Force</p> <ul style="list-style-type: none"> A. Explain key provisions of the law pertaining to the purchase, transfer, and possession of pistols. B. State key provisions and restrictions within the law pertaining to the use of deadly force. C. Explain potential criminal and civil legal actions that may be taken against them subsequent to a defensive encounter. D. Explain where they may find detailed legal information for their specific jurisdiction. |

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| <p>Lesson 4</p> | <p>IV. Strategies for Home Safety and Responding to a Violent Confrontation</p> <ul style="list-style-type: none"> A. Explain strategies and methods to enhance their personal safety at home. B. Describe strategies for responding to a potentially life-threatening encounter. C. Explain the importance of mentally preparing for the aftermath of a violent confrontation. D. Explain methods for safely storing a personal protection pistol. |
| <p>Lesson 5</p> | <p>V. Selecting a Pistol for Self-Defense</p> <ul style="list-style-type: none"> A. Identify the criteria for selecting a pistol and ammunition suited to their individual self-defense needs. B. Identify the major cartridge designs available for practice and personal protection and explain the use, advantages, and disadvantages of each type. |
| <p>Lesson 6</p> | <p>VI. Sport Shooting Activities and Training Opportunities.</p> <ul style="list-style-type: none"> A. Identify organizations, associations, clubs, and businesses that may help them hone, enhance, and expand their personal protection skills. B. Explain methods and precautions for dry-fire practice. |
| <p>Lesson 7</p> | <p>VII. Course Review and Examination</p> |